

**Scriptures On Which Christians Should Meditate
And Apply During The Tough Times**
Compiled by Lee Delbridge

Pray Instead of Worry

Philippians 4:6-7

Be anxious for nothing, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all comprehension, will guard your hearts and your minds in Christ Jesus.

You Can Handle Whatever Happens

I Corinthians 10:13

No temptation has overtaken you but such as is common to man; and God is faithful, who will not allow you to be tempted beyond what you are able, but with the temptation will provide the way of escape also, so that you will be able to endure it.

God Will Work It Out For Your Benefit Eventually

Romans 8:28

And we know that God causes all things to work together for good to those who love God, to those who are called according to His purpose.

God Can Use the Tough Time To Strengthen You Spiritually

James 1:2-4

2 Consider it all joy, my brethren, when you encounter various trials,
3 knowing that the testing of your faith produces endurance.
4 And let endurance have its perfect result, so that you may be perfect and complete, lacking in nothing.

God Is With You Through It All

Psalm 23

1 The LORD is my shepherd, I shall not want.
2 He makes me lie down in green pastures; He leads me beside quiet waters.
3 He restores my soul; He guides me in the paths of righteousness
For His name's sake.
4 Even though I walk through the valley of the shadow of death,
I fear no evil, for You are with me; Your rod and Your staff, they comfort me.
5 You prepare a table before me in the presence of my enemies;
You have anointed my head with oil; My cup overflows.
6 Surely goodness and lovingkindness will follow me all the days of my life,
And I will dwell in the house of the LORD forever.

Your Joy Comes From God, Not From Your Circumstances

Habakkuk 3:17-19

17 Though the fig tree should not blossom
And there be no fruit on the vines,
Though the yield of the olive should fail
And the fields produce no food,
Though the flock should be cut off from the fold
And there be no cattle in the stalls,
18 Yet I will exult in the LORD,
I will rejoice in the God of my salvation.
19 The Lord GOD is my strength,
And He has made my feet like hinds' feet, And makes me walk on my high places.
For the choir director, on my stringed instruments.

It Is Good If It Works Out Where The Gospel Is Preached

Philippians 1:12-18

12 Now I want you to know, brethren, that my circumstances have turned out for the greater progress of the gospel,
13 so that my imprisonment in the cause of Christ has become well known throughout the whole praetorian guard and to everyone else,
14 and that most of the brethren, trusting in the Lord because of my imprisonment, have far more courage to speak the word of God without fear.
15 Some, to be sure, are preaching Christ even from envy and strife, but some also from good will;
16 the latter do it out of love, knowing that I am appointed for the defense of the gospel;
17 the former proclaim Christ out of selfish ambition rather than from pure motives, thinking to cause me distress in my imprisonment.
18 What then? Only that in every way, whether in pretense or in truth, Christ is proclaimed; and in this I rejoice. Yes, and I will rejoice,